

## **Michael Bednarski, Ph.D.**

Consulting Psychologist/Medical Educator  
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### **CONSULTING PSYCHOLOGIST – MEDICAL EDUCATOR**

**New York, NY**

Private Practice, (1988 – Present)

Provide broad range of professional development and organizational consulting services to individuals and organizations primarily in Health Care, Private Sector Corporations, and Non-Profits.

- Provide training seminars to major health care - business organizations and universities on such topics as: Communication skills, Team building, Leadership and Mentoring skills, and Physician Remediation.
- Expertise in Medical Education, Professionalism and Patient-Centered Communications, Physician Wellness and Counseling/Coaching physicians and allied health professionals for behavior change.
- Experienced trainer, presenter, and facilitator. Presented over 800 trainings, seminars, and workshops. Frequent Grand Rounds/Noon Conference presenter for local metro hospitals.
- Developed and co-precepted a unique model for physician education in patient-centered communications for use in Patient Centered Medical Home (PCMH). Currently serve as Chairperson for Committee on Physician Wellness.
- Consult with organizations, boards, and executive management on issues related to Strategic Planning, Management/Professional Development, Executive Assessment and Selection, Leadership Competency.

### **GRADUATE MEDICAL EDUCATION/FACULTY DEVELOPMENT**

**NY/ NJ**

Provide organizational consulting, professional development, and clinical consultation to all medical specialty groups in client hospitals.

- Responsible for the conception, development, and delivery of hospital-wide curriculum on Communications/Interpersonal Skills training, Leadership, Physician Wellness, Patient-Centered Communications, and Patient-Centered Structured Interviewing Techniques.
- Conduct qualitative research to identify and remediate departmental deficits reported in site-visits.
- Provide training in various areas of Professional Development, to Department Chairs, Program Directors, Faculty, and Residents, emphasizing Communication/Interpersonal Skills Development, Team Communications, Leadership and Mentoring Skills, Patient-Care, and Interviewing Skills. Also train in workplace Emotional Intelligence and residency selection techniques.
- Facilitate the development of assessment methodologies to comply with ACGME/AOA competency evaluation requirements for graduate medical education. Consult with program directors, department chairs, and faculty on the mentoring of ACGME/AOA competencies. Individually coach medical residents, faculty, and students in the development of communications competencies, and provide remediation for medical staff with skill deficits in anger management and professionalism
- Provide clinical consultations, psychological screening and clinical intervention to hospital faculty, residents and medical students. Maintain an on-site case-load of short-term counseling/coaching clients including faculty, attendings, residents, and students. Serve on Sub-Committee for Resident Remediation and Development
- Consult with senior clinical administrators on issues such as team development, departmental needs-analyses for improved clinical/management performance, multi-discipline communications, patient-care, and faculty/resident development of residents. Facilitate Program Director, Faculty, and Resident retreats. Consult to programs on issues and implementation of remediation for medical residents.

### **AFFILIATIONS**

- Association of Psychologists in Academic Health Centers (APAHC)
- Center for Physician Health – NY State Medical Society (CPH – Provider)
- Greater New York Hospital Association (GNYHA) - Member
- Association of Hospital Medical Educators (AHME)
- American Psychological Association (APA)
- Patient Centered Primary Care Collaborative (PCPCC)
- Federation of State Physician Health Programs - Member

## Sample - Medical Presentations

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- Physician & Student Well-Being
- Patient Centered Communications: Personality, Pearls and Practices - Grand Rounds
- Physician Stress and Wellness Practices
- Emotional Intelligence – Working in High-Risk, High-Pressure Environments
- Recognizing and Managing Stress/Burnout in Healthcare Settings
- Working with the “Problem” Resident
- Communication Skills in Resident Education and the Clinical Consultation
- Temperament as a Modulator of Psychopathology
- Cultural Competence in Medicine
- Patient Communications and the Surgical Consultation – Grand Rounds
- Clinical Learning, Education, and Individual Differences in Teaching and Evaluation
- Psychosocial Assessment and Behavior Change in the Primary Care Setting
- Teaching and Learning Styles Differences in Medical Education
- Using Cultural Intelligence in the Patient Interview
- Team Building for Multidisciplinary Practice
- Resident Education and Evaluation
- Effective Resident Remediation Policy and Practice
- Communications Skills and Patient Retention in the Surgical Consultation
- Emotional Intelligence and Systems-Based Practice
- Communication Styles and Enhanced Patient Care
- Communication/Interpersonal Skills Training in Medical Education
- Faculty Development: Applying Communications in Medical Education
- Leadership, Mentoring, and Communication Styles in Medicine
- Interviewing Skills for Medical Students
- Motivational Interviewing Skills in the Primary Care Setting
- Interviewing Skills for Clinical Directors
- Performance Assessment and the ACGME Core Competencies
- Leadership Competency and Management in Medical Practice
- Clinical Performance and Evaluation
- The Assessment and Measurement of Core Competencies for Medical Practice in Residency Training Programs
- Performance Issues in Resident Training: Policy, Procedures, and Remediation
- A Review of Cases in Resident Remediation: Lessons Learned
- The Art of Remediation: Person – Centered and Organizational Approaches
- Differential Diagnosis in Physician Remediation
- Personality and Communications in Medicine

## Sample – Presenting/Consulting Organizations

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- Academy of Medicine - New York, NY
- Greater New York Hospital Association (GNYHA) - New York, NY
- Physician Affiliate Group of New York (PAGNY) – New York, NY
- Association of Hospital Medical Educators - Toronto Conference
- American College of Osteopathic Physicians - Denver, Colorado
- Maimonides Hospital Medical Center - Brooklyn, New York
- Nassau University Medical Center - Nassau, New York
- New York Hospital Queens - Flushing, New York
- CarePoint Hospital – Bayonne, New Jersey
- New York College of Osteopathic Medicine - New York, New York
- Saint Georges University Medical School - Grenada, West Indies
- Brookdale Hospital Medical Center - Brooklyn, New York
- Greenville Hospital - Jersey City, New Jersey
- Riverside Hospital - Secaucus, New Jersey
- Jersey City Medical Center - Jersey City, New Jersey
- Greystone Hospital - Morris Plains, New Jersey
- Bariatric Treatment Centers - Nationwide
- Ross University Medical School - New Jersey, Miami
- Wilson Hospital - Binghamton, New York
- Long Island College Hospital - Brooklyn, New York
- Bronx Hospital - Bronx, New York
- Suny Downstate - Brooklyn, New York
- Ottawa Hospital Cancer Center - Ottawa, Ontario
- Chandler Regional Medical Center - Chandler, AZ

## **BIO**

Dr. Michael Bednarski is a consulting psychologist; medical educator/interventionist and trainer with over 25 years experience helping health professionals work within and outside their disciplines, maintain wellness, and to communicate more effectively. Dr. Bednarski has a solid reputation as a highly skilled and motivating speaker who has presented at regional/national conferences and hospitals on a variety of topics related to the professional development and well-being of healthcare professionals. He is also experienced working with and training groups and individuals at all levels of healthcare organizations, from executive management to medical students. His primary focus is on helping physicians, students, nurses, and administrators in the areas of communications and interpersonal skills development, conflict resolution, performance remediation, coaching for professionalism, career transitions, and patient-centered care.